

Holy Rosary Parish

Confirmation Spiritual Inventory

NAME: _____

These questions are a snapshot of where you are in your spiritual journey. It is not a test, and there are no “wrong” answers; rather, this will help you become more aware of what your spiritual life looks like. Then you can make choices based on that knowledge.

1. How often have you participated in religious education programs in recent years?

Not at all 1 2 3 4 5 All the time

2. Is your preparation Confirmation something you are...

forced to do 1 2 3 4 5 eager for

4. How often do you pray?

Not at all 1 2 3 4 5 All the time

5. To what degree would you say your personal faith impacts the way you live?

Very little 1 2 3 4 5 In every way

6. To me, the Bible seems...

strange or confusing 1 2 3 4 5 familiar or inspiring

7. To me, the Mass seems...

strange or confusing 1 2 3 4 5 familiar or inspiring

8. Do you feel God’s call to care for the poor and needy is something...

difficult or scary 1 2 3 4 5 exciting or life-giving

9. How often in your family is religion discussed?

Not at all 1 2 3 4 5 All the time

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10. In one sentence, describe your experience of Jesus Christ:

11. In one sentence, describe your experience of the Catholic Church:

12. In once sentence, describe your prayer life:

13. What would you say is the most inspiring or helpful thing about being a Catholic?

14. What would you say is the most confusing or difficult thing about being a Catholic?

15. Are there specific areas in your life that you would like to talk about?

16. What would you like to get out of the sacrament of Confirmation?

17. I'm coming to Confirmation classes because...
